

PORT STEPHENS



FOR THE
LOVE OF
Adventure!
HOLIDAY GUIDE

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LET THE *Adventure!* BEGIN...

We know your type... you're more smashing pumpkins than couch potato... you'd rather take on Everest than take a rest... you understand that the steeper the climb, the better the view from the top. Life is, after all, one big adventure!

Well, strap yourself in for a heart-racing, adrenaline-fuelled, seriously fun Port Stephens adventure. We think you'll love it!

Located 2.5 hours north of Sydney on a glorious patch of the planet we like to call "the awesome coast" - Port Stephens has been blessed with some of mother nature's best work. With 26 beaches (all with the 'OMG!' factor), a bay twice the size of Sydney Harbour (twice as beautiful too) AND the largest sand dunes in the southern hemisphere (just sandsational!), this 98,000 hectare Marine and National Park provides the perfect playground for an adventurous spirit.

Gallop along the beachfront on horseback, quad bike through the dunes or sandboard down the 30 metre sandy slopes. Take a tour of the dunescape by 4WD or by camel, hike along the rocky coastline, get a bird's eye view from a helicopter, surf the perfect wave, swim alongside a pod of dolphins, take a dive on a shipwreck (if you arrrrrrgh game), kayak towards the sunrise, see whales at play. Go sailing, fishing, golfing, standup paddle boarding, kite surfing, mountain biking, camping, hiking, climbing and then... take a breath ...and enjoy the view!

Welcome to Port Stephens - for the love of adventure!



Oh my pod!

There is something spiritual about witnessing the majestic humpback whale in full flight. Cruise on the humpback highway, get up close and personal to the whales and wild dolphins.



Oh my quad!

For an Adrenaline-charged adventure try quad biking on the dunes. Go full throttle up the 40 metre high sand dunes and discover the boundless beauty of the Worimi National park.



Sandsational dunes!

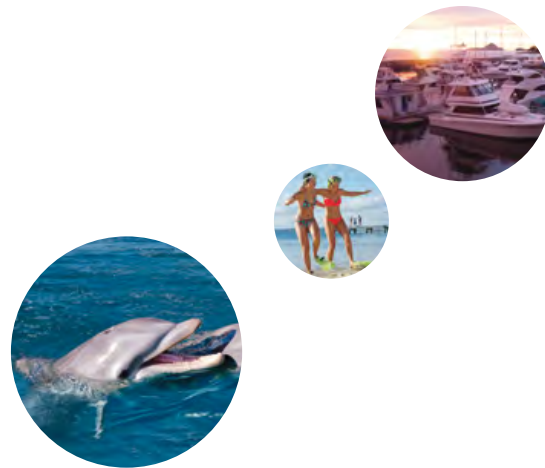
Take a 4WD sand safari along 32km of pristine beaches - surf down the 40m slopes of the dunes on a sandboard and explore "Tin City" - a sand dune settlement made famous by Mad Max.

Totally oarsome!

Take a sea kayak adventure around some of our 98,000 hectare marine park. Explore off-shore islands and meet our resident wild dolphins and sea turtles

GET ADVENTUROUS

Strap yourself in and let the Port Stephens adventure begin!



On your bike

Take on challenging wilderness terrain with a guided mountain bike experience or go your own way and enjoy the many fire trails, long coastal runs and shared cycleways around Port Stephens.

Toboggan Run

Slide and glide or get some speed up for an exhilarating toboggan ride through the beautiful bushland. A great adventure the whole family can enjoy.

If you're game (Oh my cod!)

Port Stephens is famous for game fishing. Tackle the big fighting fish off the continental shelf or pick a spot and cast your line from the 32km beachfront and rocky outcrops with deep water frontage.

Slice of paradise

With four championship golf courses, a driving range & mini golf - the drivers, hookers, slicers and swingers won't need to go a fairway to play a round! Check out the great value stay-and-play packages.

Take a hike

The Tomaree Head Summit Walk is not to be missed. The 161m hike rewards your efforts with a spectacular view of Port Stephens and the offshore islands. Take a detour via the WWII gun emplacement ruins on your way to the top.

One hump or two?

Make like Lawrence of Arabia and trek by camel across the dessertscape dunes of Stockton Bight to the Pacific oasis in time for the sunset.

Ready. Set. Go Karts!

Strap yourself in and put the pedal to the metal for a hi-speed ride in a state-of-the-art RIMO Alpha Kart - Formula Fun Racing!

SUGGESTED ITINERARY

We have put together a plan for the perfect Port Stephens adventure trip or you can design your own at www.portstephens.org.au



Full day



Sunrise:
Kayak on the bay say good morning to a dolphin or two.

Breakfast:
Have a late brekkie at Crest Birubi Beach

Morning:
Head off on a sand dune adventure, quad biking down the 40m dunes or take a guided tour and discover Tin City as well as sand surfing!

Lunch:
Grab some fish and chips from the fish co-op at Nelson Bay

Afternoon:
After lunch go to the nearby Marina to get on board for a whale watching or dolphin watching cruise.

Evening:
Head back to Birubi for a early evening camel ride along the dunes towards a stunning beach sunset.

Dinner:
Indulge at The Galley at The Anchorage followed by after dinner drinks in Hemingways

Night:
Stay at the Mantra Aqua self contained apartments and enjoy!

Half day!



Sunrise:
Take the half hour trek to the top of Tomaree Head Summit for the best sunrise view you'll ever see!

Breakfast:
at The Little Nel

Morning:
Choose your own adventure - whether you'd prefer game fishing or a game of golf, go karts or go and feed the sharks and rays at Irukandji.

Lunch:
You'll be hooked at Cookabarra Barramundi farm and restaurant!

PORT STEPHENS ADVENTURE TRAIL

Take a hike, ride a bike, do the dunes on Stockton Bight. See a whale, go for a sail or take the scenic coastal trail... your Port Stephens adventure awaits.

Port Stephens Great Lakes Marine Park

There's plenty of ways to explore the 98,000ha marine park including parasailing, kayaking, whale and dolphin watching cruises. Take a day trip to neighbouring areas including Cabbage Tree and Fingal Island. There is also a regular ferry service to Tea Gardens.

Tilligerry Nature Reserve

A 9ha nature reserve along the sandy foreshore of Tanilba Bay rich in flora and fauna. Guided walks and eco-tours are available or alternatively, visitors can follow the boardwalks through wetlands, mahogany paperbark forests and swamps. Here, visitors are likely to spot birds, kangaroos, koalas, and even echidnas.

Worimi Conservation Lands

(Stockton Bight Sand Dunes) reach heights of 40 metres and stretch for 32km, making them the longest moving sand dunes in the southern hemisphere. The sandscape can be explored by 4WD (permit unless on tour), quad bike, camel, horseback, or sand board.

Diving and Snorkeling at Fly Point

Fly Point is a mecca for divers and snorkellers... with crystal clear water providing the perfect conditions to spot coral, fish, turtles, jellyfish, sea dragons, grofers, sponges, nudibranchs, remnants of shipwrecks and wondrous natural chasms.

MYALL LAKES

BROUGHTON ISLAND

Bike & Hike Trails in Tomaree National Park

Take a hike to the summit of Mount Tomaree or take one of the many cycleways through the National Park.



to Sydney



- Cycleway
- Walking track
- Golf Courses or Mini Golf
- Camping
- Fishing
- Adventures Kids will Love



RIDE OR STRIDE

CYCLING TRAILS

BARTLETT CYCLEWAY

Distance: 5km (one way)
Time: 30-45 mins
Difficulty: Easy

From Bagnalls Beach, to Little Beach / Inner Light Cafe via Dutchies, Nelson Bay Marina, Fly Point and Little Beach.

FINGAL CYCLEWAY

Distance: 3km (one way)
Time: 20-30 mins at leisurely speed
Difficulty: Easy

From Fingal End of Tomaree Road to Barry Park via Fingal Surf Club, Fingal Beach and Barry Park Whale Watching Platform.

ZENITH TO FINGAL CYCLEWAY

Distance: 2.5km (one way)
Time: 20-30 mins at leisurely speed
Difficulty: Medium (some areas require caution)

From Zenith Beach to Fingal Cycleway via Wreck Beach and Box Beach.

MAIN TRAILS IN TOMAREE NATIONAL PARK

TANK TRAIL & ANNA BAY BORE LINE

Distance: 5km (one way)
Time: 30-45 mins
Difficulty: Easy

From Fingal Bay Sports Club to the Polyclinic.

OTHER TRAILS PERMITTED FOR CYCLING WITHIN TOMAREE NATIONAL PARK

- Sewer Line Trail
- Moorland Trail
- South Gan Gan Trail
- Big Rocky Road
- Fenceline Trail
- Kunara Trail
- Skid Pan Trail
- Met Station Trail
- Glovers Hill Trail
- North South Trail
- Met Station Link Trail

WALKING TRAILS

TOMAREE HEAD SUMMIT

Distance: 2km (one way)
Time: 45 minutes each way
Difficulty: Medium

Take the invigorating short walk to the summit of Tomaree Head, 161m above the Port Stephens entrance. Enjoy unparalleled views from the top.

FORT TOMAREE

Distance: 2km (one way)
Time: 30 minutes each way
Difficulty: Medium

This easy walk on a paved track around the lower slopes of Tomaree Head brings you face-to-face with local military heritage – World War II Gun emplacements, built in 1941.

BIG ROCKY

Distance: 1.4km (one way)
Time: 30 minutes each way
Difficulty: Medium

A sandy track leading to a rocky headland ideal at low tide.

WRECK BEACH

Distance: 1km (one way)
Time: 20 minutes each way
Difficulty: Medium

This easy walk to Wreck Beach, through a lush coastal Angophora forest, leads onto a small cove with beautiful sand and open views of the ocean.

MORNA POINT

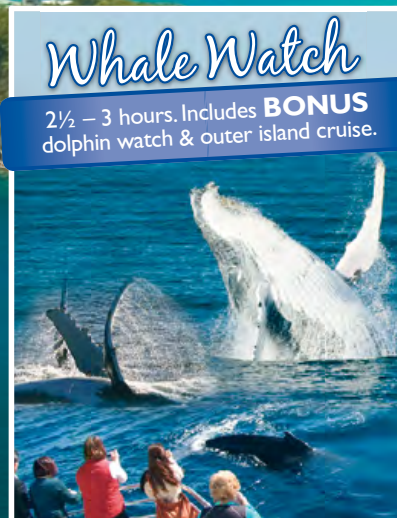
Distance: 5.5km (loop)
Time: 2 hours 30 minutes
Difficulty: Medium

A relaxing, wildflower laden, walk to the coast with some detour tracks.



MOONSHADOW-TQC
CRUISES
Discover Port Stephens

Experience is the difference... Moonshadow-TQC's extensive fleet offers the region's most luxurious and largest vessels, with a cruise experience never to be forgotten.



VISIT OUR WEBSITE FOR PRIVATE CHARTER AND COMBO DEALS!



www.moonshadow-tqc.com.au

*Free return cruise if no dolphins sighted (standby basis). Terms and conditions apply.

(02) 4984 9388

Shop 3, 35 Stockton Street Nelson Bay
info@moonshadow-tqc.com.au

Port Stephens Paddlesports

Port Stephens is a paddling paradise. We're here to help you get out there and experience the wonder and wildlife.

- **Tours:** **Discovery Kayak Tour (2-2.5 hrs):** Designed as an ultimate eco adventure where we go beyond the boundaries and paddle all horizons, looking out for dolphins and other wildlife along the way.
Stand Up Paddle Tour (1.5 hrs): Our new SUP Tours provides the perfect start to a bright and healthy day and offers a calm and serene experience, combined with enough exercise to uplift and energise.
Sunset Kayak Tour (1.5 hr): Paddling with the colour and reflections of Port Stephens... Stop for a break and kick back with sparkling wine.
- **Kayak Hire (Single or Double):** Paddle and splash about at your own pace within safe, protected waters; or embark on your own discovery.
- **Stand Up Paddle Board (SUP) Hire:** A fun paddling activity that provides a great way to look around, and its EASY... even for the uncoordinated.

All tours and hire are subject to weather and availability.



Map Var ■ 0405 033 518 ■ paddle@paddleportstephens.com.au ■ www.paddleportstephens.com.au
■ Nelson Bay Foreshore, Shoal Bay Beach and Shop at Shoal Bay (next door to Country Club Hotel)



Sand Dune Adventures

Sand Dune Adventures offers clients an exclusive "Cultural Quad Bike Riding" experience like no other, traversing the majestic and traditional landscape of the Worimi Sand Dunes / Port Stephens NSW Australia, recorded as the largest coastal moving sand mass in the southern hemisphere.

Customers ride safely from bush to beach on a 400cc quad bike and take in the glorious views of the sweeping coastline (NO EXPERIENCE NECESSARY) with our experienced Aboriginal guides.

SDA tours cater from beginners to the experienced and offer the thrill of riding sand dunes that climb as high as 100 feet. So if it is adrenalin or just cruising, SDA offers the greatest adventure on one of Australia's greatest kept secrets, the Worimi Sand Dunes!

- Award winning quad bike company
- Hummer safari tours on the dunes
- Aboriginal culture tours



Map 1 K11 ■ 02 4033 8808 ■ 2163 Nelson Bay Road Williamtown ■ sda@worimi.org.au
www.sandduneadventures.com.au ■ www.facebook.com/SandDuneAdventures

Port Stephens 4WD Tours

#1 4WD Tour Operator in Port Stephens.

We offer the ultimate beach and sand dune tours on amazing Stockton beach. Sandboard down the largest moving coastal sand mass in the Southern Hemisphere, experience the history behind “Tin City”, or hire out a private charter to do what you wish.

- Sandboarding Adventures
 - Beach & Dune tours to “Tin City”
 - Private Charters
 - Save with a combo deal. Enjoy a Port Stephens 4WD Adventure combined with a Dolphin or Whale Watch.
- Experience the Stockton Sand Dunes today!
- Tours depart daily in our range of air-conditioned, modern, comfortable, off-road 4WD vehicles.
- Sandboard for as long as you like
 - Tours depart daily
 - Experienced tour guides and instructors on hand to assist

Depart from the lower car park at the end of James Paterson Street, Anna Bay 2316. Look for the red bus and red trailer.



Map 2 K15 ■ 02 4984 4760 ■ Shop 3, 35 Stockton St Nelson Bay ■ info@portstephens4wd.com.au
■ www.portstephens4wd.com.au ■ www.facebook.com/portstephens4WDtours



Sand Dune Safaris

Come on the ultimate adventure! Join us in one of our purpose built offroad vehicles and experience the magnificent Stockton Sand Dunes - the largest moving sand mass in the Southern Hemisphere, right here in beautiful Port Stephens!

- Sand boarding and
- Sand Surfing (Stand Up)
- Tin City tours
- Exclusive charters

We operate every day of the year.

Suitable for all ages.



Map 2 K15 ■ 0425 213 096
■ sanddunesafaris@live.com.au
■ www.sanddunesafaris.com.au



4WD Tours R Us

Experience the awesome thrill of Sandboarding down the largest dunes on Stockton beach! Conquering the dunes which can reach a whopping 50 metres in height is a must do activity for the everyone from the adventurous at heart to those wanting a challenge!

Our custom built off road vehicles will transport you up into the largest moving sand mass in the southern hemisphere.

Tin City Tours available.

Come visit us today!



Map 2 K15 ■ 02 4981 9352
■ Lower Carpark, James Paterson Street Anna Bay
■ 4wdtoursrus@gmail.com ■ www.facebook.com/4wdtoursrus



Anchorage Port Stephens

Relax and indulge at The Anchorage, where every minute of your experience is heaven. This luxury resort has water views from every aspect – suites, restaurants, conference rooms and even the sophisticated whisky bar.

The Wild Herring restaurant serves only the freshest local seafood, The Galley menu features a variety of divine meals and Hemingway's Bar is a step back in time to rich mahogany, soft leather and the finest whiskies from around the world.

Spa Lucca is a tranquil, seaside haven for your mind and body, restoring balance and wellness through the healing power of touch. The finest, personalised spa treatments bring relief and harmony while your mind and body are nourished and refreshed.

The Hamptons-style resort has been completely refurbished and offers the perfect waterfront escape.

Taking our inspiration from nature, The Anchorage strives to nurture mind, body and soul during your visit with us.



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■ info@anchorageportstephens.com.au ■ www.anchorageportstephens.com.au
■ www.facebook.com/AnchoragePortStephens ■ Instagram: @anchorageportstephens

#loveportstephens

Snap and upload a pic of what you love about Port Stephens.



Destination
Port Stephens
P.S. I love you xx

For Accommodation and Tour Bookings
Phone 1800 808 900 • Visit portstephens.org.au